# Teladoc

# What is telehealth and telemedicine?



Teladoc provides access to U.S. board-certified doctors and pediatricians via phone or online video consultations. Telehealth services are only a call or click away.



## When can I Teladoc?

It's simple: Anytime. Anywhere. With Teladoc you have 24/7/365 access to U.S board-certified doctors.

All Teladoc consults are at no cost to you when your employer partners with CICBCG!











Step 1: Contact Teladoc.

Step 2: Talk with a doctor.

Step 3: Resolve your issue.

Step 4: Settle up.

Step 5: Smile.

Add/update dependents, complete medical history questions, and request a consult.

## •Cold and flu symptoms

- Bronchitis
- Allergies
- Poison Ivy
- Pink eye
- Urinary tract infection

**Upload the free Teladoc app** 

for Apple and Android

- Respiratory infection
- Sinus problems
- •Ear infection
- •And more!

devices.

# Is available 24/7/365.



Quality care is only a call or click away. You will receive a call back from a board-certified doctor within 2 hours. Now that's access to care!

#### 16 min

AVERAGE DOCTOR CALL BACK TIME

#### Resolves many of your medical issues.



90% of Teladoc members resolved their medical issue with Teladoc. Unlike nurse-run call centers, Teladoc doctors can diagnose, recommend treatment, and prescribe medication, when necessary.

#### 95%

MEMBER SATISFACTION

# From wherever you are.



Teladoc from home, work, on vacation, or while traveling internationally. Compare that with taking a day off from work to sit in a waiting room.

### For less money.



Teladoc is free to you, with an employer who partners with CICBCG, unlike higher cost urgent care or ER visits for non-emergency medical care.



# **Activate Your Teladoc Account**

Go to <u>www.teladoc.com</u> to activate your account. Click on Set Up Account and updated your personal information and medical history, including allergies and current prescriptions.



Do you have dependents? Once your account is activated, click on My Family to edit or add dependents.

